

ENOUGH IS ENOUGH

EIE Zine Issue: **6** 26/04/2017

Cast : Maddie Jones, Pınar Öğün, Francesca Dimech and Emma Daman Thomas

More information about the cast can be found on our website. www.enoughisenough.com-theplay.com

'ENOUGH is ENOUGH' Album is Available ONLINE

iTunes - Google Play - Amazon Music

CHAPTER ARTS CENTRE PERFORMANCES – SELIGMAN THEATRE

26 April, Wednesday 7.30pm
27 April, Thursday 7.30pm (Captioned Performance)
28 April, Friday 2.30pm
29 April, Saturday 7.30pm

We have SHOUT IT OUT sessions after each show. We let people to talk about the issues that are raised in the play.

Playwright's Corner

Have you ever wondered about the act of speaking, about the words we say and their importance? To speak is to reassemble the words stored in our brains in a logical order. Babies lack the ability to create sentences. They must first learn individual words before they can string them together in a row. In the primitive ages there were no words. Human beings used to communicate with signals, and by making various noises and embellishing them with exclamations to express their emotions. Ahhh! Ohhh! Eeeeh!... the transition from sounds to words deepened the verbal communication even more.

Just like the people who lived in the primitive ages children first express themselves with sounds. As they grow up, they are trained first to learn to name objects, and then to define actions surrounding those objects and their feelings about those objects through different words. The Inuit are said to have 200 different ways to describe snow, for example. We don't just communicate with words, we are also coded by words. Words validate and direct us, they determine our perception. For this reason, how words are used is as important as how we are affected by the meanings attached to them. For example, because of the meanings embedded in the words abuse and rape, for thousands of years, the women who are exposed to such behavior feel like victims and in addition to this, they feel guilty.

To say "He abused me" is very difficult, because, even though the action was violently visited upon the woman without her consent, always after those words and their cousins comes the implied question: Why...? On the other hand, if a woman says, "He fondled my body without my consent; he touched me without my consent," she strips her statement of the symbolic meaning that is implicit in the word "abuse."

The same is true for the word "rape". As soon as you say the word, for some reason or another, there is a suspicion that you've swished your tail. But, if instead of saying "He raped me" you say, "He had sexual intercourse with me without my consent," there can be no argument about exactly what you mean because the phrase "without my consent" strips the incident of centuries of baggage. For the same reason, one should always object to designations selected by the male-dominated culture. Take for example, the words "Women's Shelter." We all think we know what this term indicates, but so long as you call it the Women's Shelter, you accept the language of male domination. To take shelter suggests helplessness. For women to take shelter in those houses means they have already accepted that they are helpless victims. For a woman, what could be more humiliating and destructive than to have to accept the label of being helpless. Whatever she has experienced, no one should be designated helpless, because once you accept this, you lose all your power to act. You become dependent.

Even though in the dictionary the meanings of the words abuse and rape involve the descriptions assigned to them, how do the meanings of these words differ deep within women and men? We must reject the words abuse and rape so that those who are affected by these actions may speak up more easily about their experiences. Especially the children.

It is time for us to inject power into our words rather than thoughtlessly blurt them out. Without my consent, without my permission.

Meltem Arikan

Some photos from the famous Wales Tour. More can be seen on our website



Top row left to right : Show in Newtown, pre-show setup Carmarthen

Middle row : Cardigan, Bethesda.

Bottom : Aberdare performance and Narberth.



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